

# Give me a Jennifer!

[and we're not talking about her hair]

Want to get La Lopez curves? *Lynne Smith* discovers the lengths some people go to to emulate the best features of their favourite celebrities

WHEN JENNIFER LOPEZ WAS recently voted Sexiest Woman In The World by an *FHM* readers' poll for the second year running, it proved that the British male is acquiring a taste for women at the more rounded end of the spectrum. Ever since Jennifer burst into the big time with her role as a sexy FBI agent in *Out Of Sight*, it was clear that her larger-than-average showbiz bottom was going to take her all the way to the top. And now she has scaled the heights of megastardom, women are rushing to copy her famous curves. Sales of bum-hoisting tights and cheek-enhancing knickers have rocketed. But for

a realistic J-Lo butt there's only one option for the truly dedicated celebrity watcher: cosmetic surgery.

Extreme as it may seem, the demand for surgically sculpted buttocks has rocketed. American plastic surgeon Dr Thomas Roberts is reaping the rewards of the new trend, thanks to his trailblazing buttock augmentation operations. "Jennifer Lopez has definitely sent demand for this kind of surgery sky-high," says Dr Roberts. "Women really want a shapely, rounded bottom like hers. Jennifer has made big bottoms big news again. Ever since the dawn of time, men

have found the breasts and the buttocks the two most alluring parts of a woman's body."

His procedure is not for the faint-hearted. Surplus fat is "harvested" from fleshy areas via a delicate liposuction technique and then transplanted to the posterior for that voluptuous look. You'll need a couple of weeks to recover fully, although Dr Roberts reckons you'll be able to sit on your nice new buttocks (gingerly, mind) by the time you leave his clinic. The operation will set you back somewhere in the region of £3,000.

The craze for celebrity bottoms is not restricted to the

United States. Dr Jeya Prakash is one of the UK's leading bottom sculptors. His technique involves inserting silicone implants between the top and middle layers of the muscles in the buttocks. "The implants come in three different sizes – small, medium and large – and in two shapes – round or teardrop," explains Dr Prakash. "I've been offering this operation for seven years but before, I did mainly breast and face work," he says. "Now I'm getting so much more demand for bottom implants and it's all down to Jennifer Lopez."

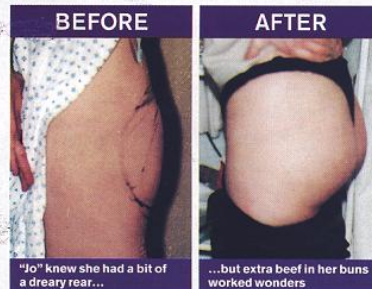
It's not just Jennifer's bum >

## Case study – the J-Lo-style bum

Jo Richardson\*, 24, is one of Dr Prakash's patients. She had buttock implants three months ago and hasn't looked back

"I didn't have a bum – it was totally flat. I'd never liked the way it looked but then Jennifer Lopez came along and everyone was saying how sexy big bottoms were. It made me feel even worse. Also, I'd just split up from my boyfriend so I really needed a confidence boost. At the consultation Dr Prakash told me not to expect perfection but said that he could definitely improve my shape. I wanted there to be a noticeable difference so we went for a medium-sized implant. The operation was done two weeks later. I was really pleased

with the way my bottom looked, even when it was still very sore and swollen. Afterwards it was very painful and I couldn't sit on it for two weeks. But at the time I thought, 'no pain, no gain.' Now I'm thrilled with it. I'm much more confident and whereas in the past I would wear jackets that covered my bum, now I love wearing tight jeans that show off my shape. I used to go to the gym five times a week to try to give my bum a better shape but now I don't need to bother. I've only told my closest friends about my op. Everyone thinks I look different but they don't know why!





The bottom line is  
that Jennifer's big  
bum is dead sexy

## Plastic fantastic

that's on cosmetic surgery's most wanted list. Surgery supremo Cindy Jackson, who has transformed herself with 28 operations, set up the Cosmetic Surgery Network in 1991 to advise people considering plastic surgery. "Over that time the influence of celebrities has definitely increased," she says. "People tell me they want, for example, lips like Michelle Pfeiffer or Julia Roberts and a nose like Sharon Stone. It's all linked to whoever's big at the time. Right now, Liv Tyler is a name I'm hearing a lot. She's very beautiful and she's got a great pair of cheekbones. I don't think people actually want to be that celebrity. I think it's simply that when we're unhappy with a particular feature, we look at celebrities on TV and say, 'That's the nose I want.' We're using the stars to illustrate what we'd like to achieve."

Martin Humes from the Harley Medical Group reckons that we seek inspiration from the celebs because we associate them with success. "People in the public eye appear to lead such perfect lives and their existence becomes idealised," he says. "Most of them used to be everyday normal people, and almost everyone will aspire to emulate them in some respects. We hope a little of their stardust will rub off on us."

According to Cindy Jackson, the reason for wanting a Hollywood face and body is simple. "It's all about sex," she says. "Celebrities embody timeless standards of what we consider to be beautiful. Being attractive opens up a wider range of sexual partners. With cosmetic surgery we're simply being true to our biological imperative. Jennifer Lopez has a big butt and men like a big butt: it's a basic sexual signal to them. So when men are going nuts for Jennifer Lopez, women are asking, 'What's she got that I haven't... and how can I get it?' People think that if they can get an aspect of a celebrity's appearance, they can get a bit of their sex appeal too." The superwaif look may have dominated the showbiz scene until now, but curvaceous Jennifer Lopez is having the last laugh.

## The perfect body

A survey of US plastic surgeons revealed their customers' most-wanted body parts

**Winona Ryder's eyes**



**Nicole Kidman's nose**



**Kim Basinger's lips**



**Salma Hayek's body**



**Jennifer Lopez's bum**

