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## MY BOYFRIEND HAD A BIGGER CHEST THAN ME!

Shamine Walker never worried about her looks until she met her hunky boyfriend Patrick. She tells STEVEN SMITH how she remedied the situation...

**S**HAMINE Walker strolled into the nightclub, her handsome boyfriend on her arm. She planned to have a great time. Yet less than an hour into the evening, she was in tears.

"Girls were openly flirting with Patrick as though I wasn't there," she recalls. "Then when I went to the toilet I overheard two girls discussing his body as they applied their lipstick.

"It was always the same whenever we went out. Everyone made a real fuss of him and always went on about his huge chest. I've never been vain but it hurt that no-one ever gave me a second glance.

"I felt a total reject. Having a boyfriend whose chest was bigger than mine was a real blow to my self-confidence."

Shamine, 24, met Patrick Topolos, 27, at a local gym in London's Earl's Court two years ago.

"He was a personal trainer and had an amazing body and lovely thick, dark hair," says Shamine, who's originally from Wigan. "He always had his shirt undone to show off his huge chest and even opened the bottom buttons to reveal his six-pack. He had a great smile, too and always winked at me."

It wasn't until the couple's first date a few weeks later that Shamine realised his chest was bigger than hers.

"He was wearing a skin-tight Lycra shirt," she recalls. "Although we had a lovely evening and I really liked him, I felt there was no way

**"I WAS ALWAYS IGNORED – BUT I LONGED TO BE THE ONE TURNING HEADS FOR ONCE"**



we could carry on seeing each other. Here was a fella who worried far more about his looks than I did about mine."

But Patrick didn't give up. The next day flowers arrived along with an invitation to see a show.

"I agreed to go but told him how I felt about the way he dressed and my insecurity about my chest," says Shamine.

"He said he'd been a puny kid who was picked on at school. Up until the age of 16 he'd suffered low self-esteem. So he'd worked out and now he liked to show off his physique.

"But even though he said my small boobs were perfect I still felt insecure. When we went out together he always seemed big and manly and I felt like a little girl, pushed into the background."

The final straw came when Shamine caught an attractive blonde trying to muscle in on her man at the supermarket.

"Patrick introduced me as his girlfriend but she just looked me up and down, turned her back on me and continued chatting to him. She had a great figure and huge breasts. I knew then that I needed a new image."

Within days, Shamine was meeting top Harley Street plastic surgeon Dr Jeya Prakash.

"I was really nervous but told him I wanted my breasts enlarged from 34A to 34C. I didn't want to



Shamine with Patrick before (above left) – and after her boob operation

have huge breasts, just enough to command a little attention!

"Dr Prakash recommended silicone gel and after two more consultations I decided to go ahead with the procedure."

Promotions girl Shamine went for her operation four weeks later.

"The night before, I was in a real state – I almost backed out because I was so scared," she says.

"At first Patrick thought it was a daft idea but when he saw how serious I was about it, he was really supportive. By the time I was ready to be wheeled into the theatre I just wanted to get it all over with."

Just hours later, Shamine was sitting up admiring her new look. "I was delighted with them," she says.

"They looked massive compared to what I'd been used to and when Patrick picked me up from the hospital, his first words were, 'My God, torpedo boobs! They look

great.'" Two days later, the swelling had gone down and Shamine was itching to show off her new figure.

"I'd been warned to take very good care of them and not to overdo things, but I had to get out, so Patrick and I went for a coffee," she recalls.

"Just walking down Earl's Court Road I felt like a different person. A van-load of men tooted and shouted at me. Patrick, who's always claimed not to be the jealous type, got quite mad, shouting back 'What're you lot looking at?' It felt great.

"After all the time we'd been together – and all the attention Patrick had received – it felt so nice to turn heads myself.

"It gave me so much more confidence and Patrick loves it too. Now he jokes that my boobs are finally bigger than his!"

● For further information, contact Dr Prakash on 020 7224 1622.